

# CURRICULUM VITAE

**Lyndsey Cole Hadary**

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## **EDUCATIONAL BACKGROUND:**

**THE UNIVERSITY OF GEORGIA**, Athens, Georgia.

Coursework towards Master of Fine Arts in Performance, August 2021 to December 2022

Major Field: Acting Pedagogy with emphasis on Musical Theatre & Movement  
Techniques

Minor Field: Psychology Interdisciplinary Research and Performance Application

Advisor(s): Kristin Kundert/ T. Anthony Marotta

**JAMES MADISON UNIVERSITY**, Harrisonburg, Virginia.

Bachelor of Arts in Theatre and Dance, May 2006

Major Field: Theatre with emphasis on Musical Theatre Performance

## **DRAMATIC TRAINING**

George Contini, Ray Paolino, Andy Leech, Roger Hall, Thomas Arthur,  
Jane Alderman, Sandi Carroll

## **SPEECH/MOVEMENT/DEVISEMENT**

\*Feldenkrais Method, \*Alexander Technique, \*Laban Movement Analysis,

\*Bartenieff Fundamentals of Movement, \*Shin Somatics, \*Neuroscience

Performance Applications, Linklater, Miller Voice Method, John Barnes Myofascial Release,  
LeCoq, commedia dell'Arte, Viewpoints, Michael Chekhov

\*T. Anthony Marotta, Rachel Mewbron, Kristin Kundert, \*Andrew Belser, David

Zemach-Bersin, \*Caroline Feig, \*Megan Moore, Catherine Schaeffer, Holly Thuma, Alberto  
Tibaji, Gulshirin Dubash

\*-denotes private mentorship

## **DANCE TRAINING**

Ballet, Jazz, Tap, Modern, Contemporary, Acrobatics, Partnering -

Deborah Barnes, Valerie Weld, Miriam Rye Doktor, Suzanne Miller Corso,

Cynthia Thompson, Megan Moore, David Howard

## **VOICE/SINGING TEACHERS**

\*Michael Hadary, Brian Gill, Brenda Witmer, In Dal Choi

\*-denotes extensive private mentorship

## **TEACHING EXPERIENCE:**

- 2023-Present** Private Acting Studio, Valdosta, GA, State College, PA, Harrisburg, PA,  
**2014-2021** Athens, GA and Zoom  
Private weekly lessons in acting techniques, song performance, and auditioning. Lessons utilize exercises, discussion and practical application of performance pedagogies. Emphasis on Feldenkrais Method concepts and practices. Ages range from 7 years old to adults. Offered in 30 to 60 minute increments.
- Summer 2023** Instructor, UGA Hugh Hodgson School of Music's Summer Music Institute, Acting Through Song, Athens, GA  
A four day course for high school music students. Includes exercises for building awareness, script analysis, song work/coachings, industry/audition skills, critical response development, performance anxiety management and neuroscience applications.
- Summer 2022** Co- Instructor, UGA Summer Academy, Acting Course, Athens, GA  
A week-long course for high school acting students, co-created and taught with Alexis Lygoumenos. Includes exercises, script analysis, critical response development, scene & monologue work, industry/audition skills, managing performance anxiety and showcase devisement.
- Spring 2022** Instructor, The University of Georgia, Patient Simulation Program, Athens, GA  
Lead training for participants in the Georgia Medical College's Patient Simulation Program at The University of Georgia. Includes exercises, case analysis/discussion and constructive feedback.
- Fall 2021** Instructor, The University of Georgia, Acting for Non-Majors, Athens, GA  
An introductory acting course for non-majors. Includes exercises, script analysis, critical response development, and scene & monologue work.

## **DIRECTING EXPERIENCE:**

- THE UNIVERSITY OF GEORGIA**, Athens, Georgia- Assistant Director- *Here's Where I Stand*- Spring 2021
- LEBANON VALLEY COLLEGE**, Annville, Pennsylvania- Assistant Director- *Great Writers Cabaret*- Spring 2019
- DOWNTOWN THEATRE**, State College, Pennsylvania- Assistant Director/Choreographer- *The Hadary Safari*- May 2018

**NITTANY BARN THEATRE**, State College, Pennsylvania- Assistant Director- *Complete Works (Abridged)*- Summer 2016

**VALDOSTA STATE UNIVERSITY**, Valdosta, Georgia- Assistant Director- *Senior Showcase*- Spring 2015

**VALDOSTA STATE UNIVERSITY**, Valdosta, Georgia- Assistant Director- *The Spitfire Grill*- Fall 2014

**VALDOSTA STATE UNIVERSITY**, Valdosta, Georgia- Assistant Director- *Senior Showcase*- Spring 2014

**STARVING ARTIST THEATRE**, Maitland, Florida- Assistant Director- *Law and Order: Fairy Tale Unit*- Summer 2013

**DRAMATIC CONSULTING EXPERIENCE:**

**PALMYRA THEATRE**, Palmyra, Pennsylvania- *Legally Blonde*- January/February 2019

**CENTRAL DAUPHIN EAST HIGH SCHOOL**, Harrisburg, Pennsylvania- *Mamma Mia!*- Spring 2019

**PERFORMING EXPERIENCE:**

<i>Jersey Boys</i>	Francine & Others	Broadway National Tour/ <i>Des McAnuff</i>
<i>Mamma Mia!</i>	Ensemble Sophie, Lisa <i>understudy</i> *25 performances	Broadway National Tour/ <i>Phyllida Lloyd</i>
<i>The Essential Alice</i>	Mouse/Cook/Dormouse/Rosebud	2023 SC New Play Festival/ <i>Des McAnuff</i>
<i>Eat the Runt</i>	Royce, Hollis, Chris	University of Georgia/ <i>Kristin Kundert</i>
<i>Sylvia</i>	Sylvia	Theatre Harrisburg/ <i>Dan Burke</i>
<i>Love and Information</i>	Player	University of Georgia/ <i>George Contini</i>
<i>All's Fair in Love &amp; War</i>	Beatrice/Imogen/Cressida/Jul Juliet	Elizabethan Gardens/ <i>Adam Segaller</i>
<i>Joseph &amp; the Amazing Technicolor Dreamcoat</i>	Ensemble Narrator <i>understudy</i>	The Marriott Theatre/ <i>Marc Robin</i>
<i>The Last 5 Years</i>	Cathy	Theatre II/ <i>Kristin Davis</i>
<i>How to Succeed...</i>	Rosemary	James Madison University/ <i>Andy Leech</i>
<i>The Mystery of Edwin</i>	Edwin Drood	James Madison University/ <i>Norman Hart</i>

<b><i>Drood</i></b>		
<b><i>Blur</i></b>	Dot	James Madison University/ <i>Roger Hall</i>
<b><i>Anything Goes</i></b>	Bonnie	James Madison University/ <i>Norman Hart</i>
<b><i>WASP</i></b>	Sis	James Madison University/ <i>Roger Hall</i>
<b><i>Gonna Shake It Up</i></b>	Swing	Allan Albert Productions/ <i>Steven Bourneof</i>
<b><i>Return to Country</i></b>	Featured Soloist	Allan Albert Productions/ <i>Steven Bourneof</i>

#### FILM/TV

<b><i>59th Primetime Emmy Awards: Tribute to The Sopranos</i></b>	Singer/Dancer	FOX/ <i>Des McAnuff</i>
<b><i>Agu*</i></b>	Lead	University of Georgia/Di Quon
<b><i>Baby</i></b>	Supporting	University of Georgia/Kelsey Schmitt
<b><i>Good Kisser</i></b>	Principal	University of Georgia/Caroline Patterson
<b><i>Wings</i></b>	Supporting (V.O)	University of Georgia/Xavier Brown
<b><i>In August</i></b>	Principal	James Madison University/Russell Silver

\*Denotes Top 3 Film in 45th Annual Asian American International Film Festival (2022)

#### **RELATED PROFESSIONAL EXPERIENCES:**

Spring 2023	Performed in <i>Actor's Nightmare</i> Improv Shows with Flying Squid Comedy, Athens, GA
Fall 2022	Devisement of solo Dance Theatre show, <i>The Beginning of Things: A Feminist Dreamscape</i> . Mentored by T. Anthony Marotta.
Fall 2022	Organized the <i>Student Spotlight on the Arts Festival</i> alongside the UGA Provost's office, Athens, GA
Fall 2022	Taught "Physicalizing the Musical Theatre Song" workshops at the Georgia Theatre Conference, Kingsland, GA
Fall 2022	Performed in workshopping/reading of new work, <i>Classics Undone</i> by Sofia Ruiz and Di Quon, Athens, GA
Fall 2022	Participated in workshopping/development of <i>The Beginning of Things: A Feminist Dreamscape</i> with the Athens Playwrights Workshop
Summer 2022	Research and development of <i>The Beginning of Things: A Feminist Dreamscape</i>
Spring 2022	Attended Collaborative Devisement Workshop with Alberto Tibaji, Athens, GA

Spring 2022	Attended Noh Theatre Workshop with Gulshirin Dubash, Athens, GA
Fall 2021	Performed in workshopping/readings of new work, <i>Rubber Room</i> by Philip Brankin, Athens, GA
Fall 2021	Performed in Athens Playwrights Workshop reading of <i>Women of a Certain Rage</i> by Sara Baker, Athens, GA
Fall 2021	Attended “Embodiment” Workshop with Jennier Tantia at the virtual Women & Masks Conference, Virtual
Fall 2021	Private lessons in Alexander Technique with Kristin Kundert, Athens, GA
Fall 2021	Began MFA in Performance track at The University of Georgia, Athens, GA
Spring 2021	Taught Musical Theatre Masterclass at Colgan High School, Virtual
Spring 2021	Attended BLACK ACTING METHODS “Cross-Cultural Harmony” Workshop and Q&A with Dr. Sharrell D. Luckett, Virtual
Spring 2021	Attended BLACK ACTING METHODS “Hip Hop Theatre” Workshop and Q&A with Kashi Johnson, Virtual
Spring 2021	Attended “Getting to the Point” Workshop with Michael Warner at the 2021 URTA Conference, Virtual
Spring 2021	Attended “Trauma-Informed Work: Basics you can use from rehearsal to the classroom” Workshop with Andrea Heilman at the 2021 URTA Conference, Virtual
Fall 2019	Taught Musical Theatre Masterclass on “Preparing for College Auditions” at Performing Arts Conservatory of Atlanta, Atlanta, GA
Spring 2019	Taught Musical Theatre Masterclass at Colgan High School, Manassas, VA
Winter 2019	Attended classes in Gaga technique at Mark Morris Dance Group, Brooklyn, NY
Spring 2018	Attended two week John F. Barnes Myofascial Release Intensive, Malvern, PA
Winter 2016	Attended Feldenkrais Method “Awareness Through Movement” Workshop with David Zemach-Bersin at Penn State, State College, PA
Winter 2016	Attended “The Discipline of Play” Workshop with Sandi Carroll at Penn State, State College, PA
Winter 2016	Attended “Authentic Movement” Workshop with Elisha Clarke-Halpin at Penn State, State College, PA
Spring/Summer 2016	Private lessons/mentorship with Andrew Belser in Neuroscience Applications for the Performer, State College, PA
Fall/Spring 2015	Private lessons in Laban Movement Analysis and Bartenieff Fundamentals

with Megan Moore, State College, PA

Fall 2014 Private lessons in Shin Somatics with Catherine Schaeffer, Valdosta, GA

Fall 2012 Attended “Awareness Through Movement” classes at the Feldenkrais Institute 2-3 times a week, New York, NY

Fall 2011 Private Feldenkrais Method “Functional Integration” lessons with Caroline Feig and Lenore Wolf

**MEMBERSHIPS IN PROFESSIONAL SOCIETIES:**

Actor’s Equity Association

Alpha Psi Omega

**TEACHING INTERESTS:**

Acting Through Song/ Musical Theatre Song Performance

Movement and Embodiment for the Actor

Physical, Emotional & Creative Wellness: Strategies for the Artist

Neuroscience and Psychology Applications for the Performing Artist

Integrating the Triple Threat Musical Theatre Artist

Strategies for Freeing the Voice

Introduction to Acting

Scene Analysis

**RESEARCH INTERESTS**

*The Beginning of Things: A Feminist Dreamscape* - Using horror, classic literature, and 1st wave feminist research to devise a “triple threat” performance piece about navigating medical sexism with a disability

Bodywork/Self Care for the artist - Developing a self fascial-release technique based on the concepts of Moshe Feldenkrais, Dr. Peter Levine, and John F. Barnes for artists to find more ease and power in performance, particularly artists who don’t have the financial resources to seek care

The Feldenkrais Method and performance/learning application

Psychology techniques for performance (particularly Dialectical Behavioral Therapy)

**SKILLS:**

Microsoft Word, Excel, Powerpoint, 365, iMovie, GarageBand, Music Theory, Basic Ear Training, Basic Piano, Dialects

**HONORS AND AWARDS:**

**Fall 2021-2022** Graduate Assistantship and tuition waiver from the University of Georgia

**Summer 2022**

Lead actor in Top Three film, *Agu*, presented at the 45th Annual Asian American International Film Festival

**Fall 2022**

Travel Award to present workshop “Physicalizing the Musical Theatre Song” at the Georgia Theatre Conference

**Fall 2022**

Runner up/Cash Prize Winner in UGA’s “4 Minute, 33 Seconds” Arts Research Competition for presentation on *The Beginning of Things: A Feminist Dreamscape*